

Things to Know About The Book of Psalms

1. The Psalms are part of a larger Old Testament genre known as “Writings” and Wisdom Literature
2. Multiple authors—David (73) Asaph (12) Sons of Korah (11) Heman and Ethan, temple worship leaders (2) Solomon (2) Moses (1) Anonymous (49)
3. Likely written over the course of 1,000 years
4. Comprised of 5 books—Book 1 (3-41), Book 2 (42-72) Book 3 (73-89) Book 4 (90-106) Book 5 (107-145), with 2 bookends in Psalms 1-2, and then 5 Psalms (146-150) that all begin and end with the phrase “Praise the Lord.”
5. They feature both lament and praise.
“Only in the Psalms do you have the full range of human emotion that allows you, however desperate you feel, to go in and offer words of praise to God.”
—Carl Trueman

No Gray Area

You can either follow the way of the wicked or the way of the righteous.

The Righteous Way: like a tree (v. 3), protected by God (v. 6)

The Wicked Way: like chaff (v. 4), ends in destruction (v. 6)

Separated By Delight

The wicked delight in mocking God's Word.

The righteous delight in God's Word.

Psalm 1:2 “Meditates” = *Hagah*

To truly meditate on something means to desire it and devour it.

Three Stages of Scriptural Meditation—John Owen

1. Fixing the Mind (getting a clear view of the text)
 - Ask observation questions: What does this teach me about God and his character? About human nature and behavior? About Christ and his salvation? About the church or life as the people of God?
2. Inclining the Heart (seeing how God's truth should be affecting you)
 - Here we move from knowledge to wisdom. The difference? “Wisdom is knowledge with the knower left in.” How does this affect/change me?
3. Enjoying the Lord (Psalm 27:4 “to gaze upon the beauty of the Lord”)
 - Enjoy connection with God as He has revealed Himself to you in the text.

Reflective Questions

1. What are your current habits around Bible reading? What have you enjoyed about it? What falls short?
2. If meditation is about delighting and devouring God's Word, what do you think this looks like for you?



July 9, 10am - New Harvest at the Fair (Marion County Fair)

It is our tradition to utilize this unique setting to reach people for Christ. Free tickets are available today at the Information Desk for yourself and anybody you would want to invite.



August 13, 10am—Picnic & Baptism

We gather at the Keizer Rapids Park Amphitheater for worship, baptism and a family picnic. Please mark your calendars for these fun opportunities.