

PRACTICES FOR THE WAY: "COMMUNION"

A very significant practice for a believer is partaking in the Body and Blood of our Lord. Jesus initiated a meal that would be full of meaning and enhance our relationship with God.

I Corinthians 11:17-34

"Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a communion in the body of Christ?" I Corinthians 10:16

*Together - "when we come together" v.20

*Remembrance - "Do this in remembrance of me." v.24

*Examination - "Everyone ought to examine themselves before they eat . . ." v.28

*Know - "which is for you" v.24

Bread = nourishment; Cup = cleansing

"You proclaim the Lord's death until he comes" v.26

Reflective Questions:

- 1) What aspects of the Sunday gathering blesses you the most? (testimony, music, prayer, teaching/preaching, fellowship, baptism, communion, serving, etc.) Why?
- 2) Why is the Lord's Super important? What did you learn from I Corinthians 11:17-34?
- 3) How do you want to prepare for the next time you take communion?



Community Groups—Finding friends; finding strength

Community Groups meet in homes or at the church. It is a time to share life's experiences and to study the Bible. For more information, or to sign up for a group, mark "Small Groups on your Connection Card.